



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of North Central Ohio (Mansfield Branch)

Schedule is subject to change

Multiple activities are often scheduled in this pool at the same time.

Open Swim Hours are 12-8pm Monday, Wednesday, and 12-7pm on Friday

**All youth 13 and under must be swim tested; please ask a lifeguard for more information.*

No one under the age of 18 is permitted in the pool during non open swim hours.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00AM - 8:30PM Adult Lap Swim	5:00AM - 8:30PM Adult Lap Swim	5:00AM - 8:30PM Adult Lap Swim	5:00AM - 8:30PM Adult Lap Swim	5:00AM - 7:30PM Adult Lap Swim	6:00AM - 4:30PM Adult Lap Swim	8:00AM - 4:30PM Adult Lap Swim
8:30AM - 9:30AM Water Aerobics	8:30AM - 9:30AM Water Aerobics	8:30AM - 9:30AM Water Aerobics	8:30AM - 9:30AM Water Aerobics	8:30AM - 9:30AM Water Aerobics	8:30-9:30am Water Aerobics	
9:30AM-10:00AM Aqua Abs		9:30AM-10:00AM Aqua Abs		9:30AM-10:00AM Aqua Abs	8:45AM - 11:30AM Group Swim Lessons Lap Lanes 1 & 4	
10:00AM - 11:00AM Water Walking		10:00AM - 11:00AM Water Walking		10:00AM - 11:00AM Water Walking		
11:00AM - 12:00PM Aqua Fit		11:00AM - 12:00PM Aqua Fit		11:00AM - 12:00PM Aqua Fit		
12:00PM - 8:00PM Open Swim	12:00PM - 4:00PM NO Open Swim after 4:00pm	12:00PM - 8:00 PM Open Swim	12:00PM - 4:00 PM NO Open Swim after 4:00pm	12:00PM - 7:00 PM Open Swim	12:00PM -4:00PM Open Swim	12:00PM - 4:00PM Open Swim
5:00pm--6:15pm Group Swim Lessons	5:00pm-7:00pm Group Swim Lessons	4:30-5:30pm Group swim lessons	5:00PM - 7:30PM Group Swim Lessons Lap Lanes 3 & 4			
6:00pm-7:00pm Water Aerobics	6:00PM - 7:00PM Water Boot Camp	6:00PM - 7:00PM Water Aerobics				
8:30PM POOL CLOSED	8:30PM POOL CLOSED	8:30PM POOL CLOSED	8:30PM POOL CLOSED	7:30PM POOL CLOSED	4:30PM POOL CLOSED	4:30PM POOL CLOSED