



STRONG SWIMMERS CONFIDENT KIDS

Registration starts October 9th

Parent-Child 6-18 months

Water Discovery

In this class, the children will be encouraged to discover the water and get comfortable on their stomachs, backs and learn to submerge with the assistance of an adult.

Saturdays 9:00 am (6-18 Months)

Water Exploration

The children will learn assisted rolls, blowing bubbles, assisted front and back floats, how to jump into the pool and how to get out of the pool.

Saturday 9:30 am (18-24 months)

Preschool 3-5 years

Water Acclimation I

Children will be introduced to submerging fully under the water. They will learn the Jump-push-turn-and grab pattern as well as the swim- float- swim pattern. They will be taught to exit the water independently.

Tuesday 5:00 pm (3 year olds)

Tuesday 5:45 pm (4 & 5 year olds)

Water Movement I

This is an intermediate level class. The child will learn to independently float on the back and front, tread water, and front and back glide. To register for this class the child should have no hesitation of submerging completely underwater.

Tuesday 5:00 pm

Tuesday 5:00 pm

Water Stamina I

At assistance this level, the child will learn to swim on their back 15 yards, tread water for 1 min, and swim float swim for 25 yards without assistance.

Tuesday 5:45pm

School-Age 6-12 years

Water Acclimation II

Children will be introduced to submerging fully under the water. They will learn the Jump-push-turn-and grab pattern as well as the swim- float- swim pattern.

Thursday 5:00 pm (7-12 year olds)

Saturday 9:45 am (6 year olds)

Water Movement II

This is an intermediate level class. The child will learn to independently float on the back and front, tread water, and front and back glide

Thursday 5:00pm

Water Stamina II

At this level, the child will learn to swim on their back 15 yards, tread water for 1 min, and swim float swim for 25 yards without assistance.

Thursday 6:00pm

Stroke Introduction

The child must be able to complete a 25-yard swim without assistance to enroll in this class. In this class they will work on endurance, rotary breathing, sitting dive, resting stroke, breaststroke, and butterfly.

Thursday 5:00 pm

Stroke Development

Endurance for this level is raised to 50 yards of continuous swimming. The child will be encouraged to achieve a 25 yard front crawl, 25 yard back crawl, 25 yards Breaststroke, and 15 yards butterfly- with simultaneous arm action and kick.

Thursday 6:00pm

\$25.00 for Household Member
\$55.00 for Program Members

Registration Begins October 9th
Sessions Begin the Week of October 23rd

Part of the Mission of the Mansfield Area Y is to ensure that no person is denied services due to financial hardships. If you are facing financial hardship or need financial assistance please know Financial Assistance is available.

For more information please contact Jen Jeffery at jjeffery@ymcanco.org or 419.522.3511 Ext. 264