



# SING, DANCE, & LEARN

## MOVE & GROOVE CLASS YMCA of NCO-SHELBY

Designed for caregivers, parents, grandparents, family and children ages 0-5 years old, this class combines music and movement to create the ultimate bonding experience.

Caregivers and children will sing, dance, and play together while developing the little one's social, cognitive, emotional and motor skills.

**Registration: Begins October 9, 2023**

**Program Duration: October 23rd—November 25th**

**Day/Time: Mondays 4:00-5:00 pm**

**Location: Dance Studio— Offsite**

**Cost: Members: \$25      Non-Members: \$55**

