



POOL SCHEDULE updated Dec 30, 2024

schedule subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------------|
| 5:30am-10am Adult Lap and Adult Open Swim | 5:30am-7:30am Adult Lap and Adult Open Swim | 5:30am-10am Adult Lap and Adult Open Swim | 5:30am-7:30am Adult Lap and Adult Open Swim | 5:30am-10am Adult Lap and Adult Open Swim | 7am-2:30pm Open Swim <i>Lap Swim Limited Lanes</i> |
| 10am-11am Open Swim <i>Lap Swim Limited Lanes</i> | 7:30-8:30am Aqua Splash <i>Lap Swim Limited Lanes Deep End Open</i> | 10am-11am Open Swim <i>Lap Swim Limited Lanes</i> | 7:30-8:30am Aqua Splash <i>Lap Swim Limited Lanes Deep End Open</i> | 10am-12pm Open Swim <i>Lap Swim Limited Lanes</i> | |
| 11am-12pm Aquanastics <i>Lap Swim Limited Lanes Deep End Open</i> | 8:30am-10am Adult Lap and Adult Open Swim | 11am-12pm Aquanastics <i>Lap Swim Limited Lanes Deep End Open</i> | 8:30am-10am Adult Lap and Adult Open Swim | | |
| 12pm-1pm Adult Lap and Adult Open Swim | 10am-11am Arthritis - <i>Shallow End</i> Deep Water Aerobics <i>Lap Swim Limited Lanes</i> | 12pm-1pm Adult Lap and Adult Open Swim | 10am-11am Arthritis - <i>Shallow End</i> Deep Water Aerobics <i>Lap Swim Limited Lanes</i> | 12pm-1pm Adult Lap and Adult Open Swim | |
| 1pm-3pm Open Swim <i>Lap Swim Limited Lanes</i> | 11pm-3pm Open Swim <i>Lap Swim Limited Lanes</i> | 1pm-3pm Open Swim <i>Lap Swim Limited Lanes</i> | 11pm-3pm Open Swim <i>Lap Swim Limited Lanes</i> | 1pm-3pm Open Swim <i>Lap Swim Limited Lanes</i> | |
| 3pm-4:30pm SHS Swim Team | 3pm-4:30pm SHS Swim Team | 3pm-4:30pm SHS Swim Team | 3pm-4:30pm SHS Swim Team | 3pm-4:30pm SHS Swim Team | |
| 4:30pm-6pm Stingrays Swim Team | 4:30pm-6pm Stingrays Swim Team | 4:30pm-6pm Stingrays Swim Team | 4:30pm-6pm Stingrays Swim Team | 4pm-5:30pm Willard Swim Team <i>Lap Swim Limited Lanes</i> | |
| 6pm - 7:30pm Swimming Lessons | 6pm-7pm Open Swim (<i>shallow</i>) <i>Lap Swim Limited Lanes</i> | 6pm - 7pm Swimming Lessons | 6pm-7pm Open Swim (<i>shallow</i>) <i>Lap Swim Limited Lanes</i> | 6pm-7:30pm Open Swim <i>Lap Swim Limited Lanes</i> | |
| 6pm-6:45pm Aqua Jogging <i>Lap Swim Limited Lanes</i> | 6:15pm-7:00pm Deep Water Aerobics <i>Lap Swim Limited Lanes</i> | 6pm-6:45pm Aqua Jogging <i>Lap Swim Limited Lanes</i> | 6:15pm-7:00pm Deep Water Aerobics <i>Lap Swim Limited Lanes</i> | | |
| 7:00pm-8:30pm Willard Swim Team <i>Lap Swim Limited Lanes</i> | 7:00pm-8:30pm Willard Swim Team <i>Lap Swim Limited Lanes</i> | 7pm-8:30pm Open Swim <i>Lap Swim Limited Lanes</i> | 7:00pm-8:30pm Willard Swim Team <i>Lap Swim Limited Lanes</i> | | |

Pool Policies:

Adult Lap/Open Swim is for guests 18 years and older for continual lap swim or water exercise.

Open Swim Age Policy: Children 9 and under must be supervised by a parent or responsible adult. Children under the age of 5 must be within arms reach at all times