



SING, DANCE, & LEARN

MOVE & GROOVE CLASS YMCA of NCO-SHELBY

Designed for caregivers, parents, grandparents, family and children ages 0-5 years old, this class combines music and movement to create the ultimate bonding experience.

Caregivers and children will sing, dance, and play together while developing the little one's social, cognitive, emotional and motor skills.

Registration: August 28th-September 14th

Program Duration: September 11th-October 14th

Day/Time: Thursdays 5:00-5:45 pm

Location: YMCA Gymnastics Room

Cost: Members: \$25 Non-Members: \$55



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